#### Your investment

- ★ The price for the Healthcare Study Tour is NZ\$ 9500.00 (Excl. GST) pp. This **includes**:
- ★ 6 nights staying WestCord hotel Delft (includes buffet breakfast)
- ★ Travel to and from the places we visit during the week
- ★ All lunches during the week (except for Wednesday)
- $\star$  Costs for visits and presenters



#### Your return on investment

- $\star$  Understanding the Dutch healthcare system
- ★ Exposure to successful Dementia care initiatives and strategies
- ★ An opportunity to meet and build relationships with key Dutch Dementia care specialists
- ★ An opportunity to build professional relationships with other Australasian healthcare leaders that take part in the Healthcare Study Tour
- ★ The opportunity to make a difference in the care for people with Dementia in New Zealand
- ★ Enjoy the beautiful country of the Netherlands

## YOUR HOSTS



Healthcare Study Tours to the Netherlands are hosted by Jan and Marian Weststrate. Marian is a district nurse on the Kapiti Coast and Jan has been a healthcare consultant (PhD). Both have over 40 years healthcare experience and worked in The Netherlands, the UK and New Zealand. They have been involved in various cross-cultural exchanges at a personal and professional level and experienced at first hand how these visits can inspire you to make the impossible possible. Based on the Dutch model, they started in 2022 the first "Green Care Farm" in New Zealand for people in the early stages of Dementia.

Their approach to hosting these Healthcare Study Tours is to help participants to feel at home, safe and cared for, so they can make the most out of the programme without worrying about organisational issues. During these tours Jan and Marian are available 24/7 to provide support and guidance where needed.

H O M E 4 A L L 146 Raumati Rd, Raumati, Kapiti Coast. Mob. 021-897605 Email: Jan@home4all.co.nz <u>Home4All.co.nz</u>





# The 2023 Healthcare Study Tour to the Netherlands IS ON!

You are warmly invited to join Home4All (previous Care-Metric) on its fifth Healthcare Study Tour to The Netherlands; May 7th - 12th, 2023

#### Focus

With a growing world-wide aging population and a rising number of people with Dementia, the question is how to manage our healthcare systems on a limited budget, while still providing the best possible care?

#### What the Netherlands has to offer

The Netherlands is well known for its innovative approach to Dementia care, so once again our focus will be on talking to experts and visiting facilities and other supportive organisations that will encourage participants to "think outside the box".



### Who should attend

Aged care sector Chief Executives, CEO Dementia support organisations, Dementia care experts, nurse practitioners focusing on the Dementia, Geriatricians, healthcare auditors, healthcare policy makers, Ministry of Health officials and members of Parliament responsible for the aged care sector.

#### When and where

The tour will start Sunday evening May 7th with an introduction meeting and ends on Friday afternoon May 12th. During the week we will stay in Delft at the comfortable WestCord hotel next to Ikea.



## We will visit

- ★ A healthcare insurance company
- ★ A traditional aged care facility
- ★ Three innovative dementia care models in an urban and countryside setting.
- ★ "Tao of Care" (Social Approach Dementia)
- ★ Several dementia care researchers and experts

## What did our participants say

★ "The study tour far exceeded my expectations. The Dementia care settings we visited were full of life, vigour and joy. It is really a **must do** trip for people who want positive change."

Mrs Karen Lake, Regional Operations Manager Ryman Healthcare

- \* "Overall an incredible experience, exceeding expectations all round. Thank you so much Jan and Marian, it was an eye opener."
  Dr. Sam Ritz, Consultant Psychiatrist, Monash Health Melbourne
- "I have come back from the 2022 study tour buzzing with ideas about living well with Dementia. It was wonderful to be around so much passion, commitment and innovation. Everything was beautiful organised. I would recommend this trip to anyone working in the field of Dementia care. You will have your eyes opened."

Mrs Sara McCunnie, 1st senior architect at Ryman Healthcare Christchurch

★ "Jan and Marian put on a great tour and are to be commended for it. They were excellent hosts and looked after us very well. I got a great deal out of it and can't recommend it highly enough."

Mr. David Hall, CEO Cambridge Resthaven